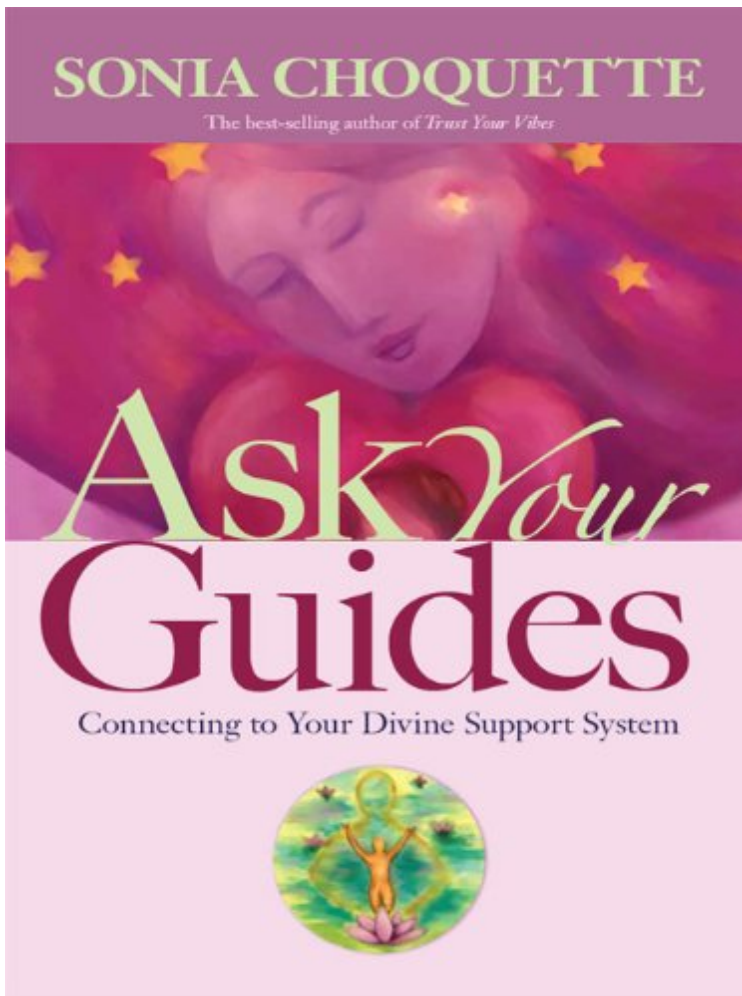


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Ask Your Guides



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Description :

Prsentation de l'diteurWere all spiritual beings with a spiritual support system on the Other Side that oversees and helps guide our lives from the moment were born to the moment we leave our physical bodies and return to Spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our lifes journey easier and more successful. When we learn how to connect with our angelic guides, our lives naturally fall into a pattern of ease and flow during which we grow our souls, fulfill our lifes purpose, and make our time on Earth endlessly entertaining. This fascinating and inspirational book by Sonia Choquette provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy youre entitled to.BooklistChoquette, the author of many books that help readers release their inner psychic, here introduces the idea of spirit helpers who guide and support people through life's highways and byways. Obviously, one has to have walked a fair piece down the psychic pathway to be open to the concept of spirit guides. Many more people, however, believe in the notion of guardian angels, and this is where Choquette begins. Writing in a lively,

friendly style, which intertwines personal anecdotes with how-to advice, she explains the difference between angelic helpers (including the big guns, the archangels) and spirit guides. She then breaks down the latter into smaller groups such as teacher guides, healer guides, etc., explaining the particular province of each group and offering advice on how to call upon them. Later chapters explain what the guides can--and cannot--do. This book certainly comes under the category of "everything you wanted to know about," and it will delight believers. The less convinced may wonder how the multitude of helpers avoid bumping into each other. Ilene Cooper

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